UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d)
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): November 15, 2026

HYPERION DEFI, INC.

(Exact Name of Registrant as Specified in its Charter)

Delaware	**001-38365**	**47-1178401**
(State or other jurisdiction of incorporation)	**(Commission File Number)**	**(IRS Employer Identification No.)**

3090 Nowitzki Way
Suite 300
Dallas, TX 75219
(Address of Principal Executive Offices, and Zip Code)

(833) 393-6684
Registrant's Telephone Number, Including Area Code

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

¨ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

¨ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

¨ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

¨ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

(Title of each class)	**(Trading Symbol)**	**(Name of each exchange on which registered)**
Common stock, par value $0.0001 per share	**HYPD**	**The Nasdaq Stock Market (Nasdaq Capital Market)**

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR §230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2).

Emerging growth company ¨

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. ¨

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On November 15, 2026, David Knox notified Hyperion DeFi, Inc. (the "Company") of his intent to resign from his positions as Chief Financial Officer, Principal Financial and Accounting Officer and Treasurer of the Company to pursue another professional opportunity. Mr. Knox's resignation was not related to the Company's financial or operating results or to any disagreements or concerns between Mr. Knox and the Company regarding the Company's operations, policies, or practices. Mr. Knox will continue to serve in his current positions until December 15, 2026, at which time Andrew Sparling, who is currently the Company's Chief Accounting Officer, will begin serving as Interim Principal Financial Officer and continue as Chief Accounting Officer of the Company. Mr. Knox will continue serving the Company in an advisory capacity, working with Mr. Sparling and the members of the Company's executive team to assist with key initiatives and ensure a smooth transition of his responsibilities.

Mr. Sparling, 40, has served as the Company's Chief Accounting Officer since April 2026. From January 2025 to December 2025, he served as Head of Finance at ABC Labs, LLC, where he led accounting, financial planning and treasury for entities supporting the Reserve protocol. From January 2023 to December 2024, Mr. Sparling served as Head of Accounting and Treasury at Flipside Crypto, a blockchain analytics and infrastructure company, where he led financial reporting and developed controls over digital asset treasury operations.

From May 2021 to November 2022, Mr. Sparling served as Vice President of Finance and Head of Treasury at Strike, a Bitcoin payments company, where he established the accounting and treasury functions. Mr. Sparling previously served as Vice President and Controller at Galaxy Digital, covering digital asset trading and lending, and as Assistant Controller at Grayscale Investments. He held financial reporting roles at Och-Ziff Capital Management and Cerberus Capital Management and began his career in financial services audit at Rothstein Kass. Mr. Sparling holds a Bachelor of Science degree from Boston College with concentrations in finance and accounting and is a certified public accountant licensed in New York.

There is no arrangement between Mr. Sparling and any person pursuant to which he was selected as an officer, and there is no family relationship between Mr. Sparling and any other director or executive officer of the Company.

As of the date of this Current Report on Form 8-K, the material terms of Mr. Sparling's compensation have not changed. If the Company approves new compensation terms for Mr. Sparling with respect to his new positions, the Company will disclose those compensatory terms by an amendment to this Report.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit Number	**Description**
104	Cover Page Interactive Data File (embedded within the inline XBRL document).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

HYPERION DEFI, INC.

Dated: November 19, 2026

By: */s/ Hyunsu Jung*
Hyunsu Jung
Chief Executive Officer